

Rythmes

Avec un marqueur à pointe moyenne ou un pastel doux, tracez les lettres grises ensuite continue jusqu'au bout de la ligne. Procède lentement, essaye d'effectuer au moins deux ou trois répétitions consécutives sans lever le stylo. Changer de couleur à chaque ligne.



Handwriting practice sheet for rhythmic patterns. The page is divided into 12 horizontal rows, each with a downward arrow on the left. The patterns are as follows:

- Row 1: A long, continuous series of connected 'm' shapes.
- Row 2: A shorter series of connected 'm' shapes.
- Row 3: A long, continuous series of connected 'u' shapes.
- Row 4: A shorter series of connected 'u' shapes.
- Row 5: A long, continuous series of connected 'n' shapes.
- Row 6: A shorter series of connected 'n' shapes.
- Row 7: A long, continuous series of connected 'c' shapes, with a leftward arrow above the first one.
- Row 8: A shorter series of connected 'c' shapes, with a leftward arrow above the first one.
- Row 9: A long, continuous series of connected 'o' shapes, with a leftward arrow above the first one.
- Row 10: A shorter series of connected 'o' shapes, with a leftward arrow above the first one.
- Row 11: A long, continuous series of connected 'e' shapes, with a rightward arrow above the first one.
- Row 12: A shorter series of connected 'e' shapes, with a rightward arrow above the first one.

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Handwriting practice sheet with 10 rows of rhythmic patterns on lined paper. Each row starts with a downward arrow and a grey pattern, followed by a blank space for repetition. The patterns are: 1) a long continuous wavy line; 2) a shorter continuous wavy line; 3) a long continuous wavy line with a different rhythm; 4) a shorter continuous wavy line with a different rhythm; 5) a long continuous wavy line with a different rhythm; 6) a shorter continuous wavy line with a different rhythm; 7) a long continuous wavy line with a different rhythm; 8) a shorter continuous wavy line with a different rhythm; 9) a long continuous wavy line with a different rhythm; 10) a shorter continuous wavy line with a different rhythm.