

Rhythms

Use a medium-tipped marker or a soft pastel to retrace the gray lines and then continue to the bottom of the line. Proceed slowly, try to do at least two or three consecutive repetitions without lifting the pen. Change color on each line.



Handwriting practice sheet with 18 rows of cursive rhythm exercises. Each row consists of a top line, a middle dashed line, and a bottom line. The exercises are as follows:

- Row 1: A long series of connected 'm' shapes. A downward arrow is on the left.
- Row 2: A shorter series of connected 'm' shapes. A downward arrow is on the left.
- Row 3: A long series of connected 'u' shapes. A downward arrow is on the left.
- Row 4: A shorter series of connected 'u' shapes. A downward arrow is on the left.
- Row 5: A long series of connected 'n' shapes. A downward arrow is on the left.
- Row 6: A shorter series of connected 'n' shapes. A downward arrow is on the left.
- Row 7: A long series of connected 'c' shapes. A leftward arrow is on the left.
- Row 8: A shorter series of connected 'c' shapes. A leftward arrow is on the left.
- Row 9: A long series of connected 'o' shapes. A leftward arrow is on the left.
- Row 10: A shorter series of connected 'o' shapes. A leftward arrow is on the left.
- Row 11: A long series of connected 'e' shapes. A rightward arrow is on the left.
- Row 12: A shorter series of connected 'e' shapes. A rightward arrow is on the left.